

COVID-19 Preparedness Plan for TU Dance

TU Dance has developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. Everyone who comes to TU Dance Center will be responsible for participating in this plan. Our goal is to mitigate the potential for transmission of COVID-19 at TU Dance Center and the community, and that requires full cooperation among everyone who uses the facility. Only through this cooperative effort can we mitigate the risks at TU Dance Center.

The COVID-19 Preparedness Plan is administered by TU Dance Artistic Director Toni Pierce-Sands and Executive Director Abdo Sayegh-Rodriguez, who maintain the overall authority and responsibility for the plan. However, staff, teachers, accompanists, students, families, renters, and anyone who uses the facility are equally responsible for supporting, implementing, complying with, and providing recommendations to further improve all aspects of this COVID-19 Preparedness Plan.

The TU Dance COVID-19 Preparedness Plan follows the industry guidance developed by the State of Minnesota, which is based upon Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines for COVID-19, Minnesota Occupational Safety and Health Administration (MNOSHA) statutes, rules, and standards, and Minnesota's relevant and current executive orders. It addresses:

- ensuring sick individuals stay home and prompt identification and isolation of sick persons;
- social distancing – everyone must be at least six-feet apart from one another;
- personal hygiene and source controls;
- studio, building, and ventilation protocol;
- studio cleaning and disinfection protocol;
- drop-off, pick-up, and delivery practices and protocol; and
- communications and training practices and protocol.

TU Dance has reviewed and incorporated the industry guidance applicable to our business provided by the state of Minnesota for the development of this plan, including the following industry guidance for Gyms and Fitness Centers (State of Minnesota), "*Return to Dancing and Training Considerations Due to-COVID-19*" (written by Heather Southwick, PT,

(revised on August 31, 2021)

MSPT; Selina Shah, MD, FACP, FAMSSM; and Kathleen Bower, PT, DPT under the auspices of the Dance/USA Task Force on Dancer Health 2020), and the City of Saint Paul. This plan has been reviewed by TU Dance's medical advisor Brad Moser, MD. Other conditions and circumstances included in the industry guidance and addressed in the plan that is specific to our business include:

- the State of Minnesota lifted the restriction that limits the occupant capacity in the facility. Nonetheless, we are maintaining social distance at TU Dance Center which restricts the total number of occupants allowed in the facility.
- the State of Minnesota lifted the Executive Order 21-11 stating that people in Minnesota are required to wear a face covering in all indoor businesses. Research has shown that use of face coverings in accordance with CDC guidance when in indoor spaces can greatly reduce the risk of infection when combined with other prevention efforts such as social distancing and hand hygiene. TU Dance is keeping a universal mask requirement until further notice.
- the city of Saint Paul lifted the Executive Order 2020-09 requiring face masks to be worn indoors in all city-controlled facilities and at all businesses licensed by the City of Saint Paul at all times when social distancing of at least 6 feet is not maintained. The order will apply to all individuals except young children at risk of suffocation and persons who cannot medically tolerate wearing a face covering. Acceptable face coverings include manufactured or homemade cloth face coverings, and are not required to be medical-grade masks. Face coverings must fully cover a person's nose and mouth. TU Dance is keeping a universal mask requirement until further notice.
- the Dance/USA Task Force on Dancer Health recommends dancers should maintain a distance of at least 6 feet apart, but preferably 10 feet apart if possible. TU Dance will continue to require at least 6 feet distance between facility visitors.
- TU Dance is requiring all TU Dance Center visitors who currently qualify for vaccination to show proof of a full vaccination record before entering the facility. A negative Covid test will not be accepted.

Covid-19 vaccination is being administered across Minnesota. Get vaccinated. Even after a person has recovered from COVID-19 or is fully vaccinated they should still continue to stay distanced, wear a mask that fits well, wash their hands often, and follow other precautions. For more information, see the MDH COVID-19 Vaccine webpage (www.health.state.mn.us/diseases/coronavirus/vaccine/index.html).

The goal of this preparedness plan is to ensure sick students, dancers, teachers, accompanists, TU Dance Center staff, and others stay home, to ensure prompt identification and isolation of sick individuals, and to avoid the spread of the disease.

COVID-19 POLICIES AND PROCEDURES

The following policies and procedures are being implemented to assess the health of everyone entering TU Dance Center on a daily basis and for them to report when they are sick or experiencing symptoms.

1. Health Self-Assessment before entering TU Dance Center

Everyone coming to TU Dance Center is required to do a health self-assessment (via online questionnaire, mobile application, or paper form) ideally before leaving home at least 30 minutes before the start of class or activity. In rare cases, health self-assessment can be done upon arriving at TU Dance Center (visitors/deliveries). Individuals or anyone in their immediate family or household (living in the same home) reporting the following symptom(s) will not be permitted into the studio. If symptoms develop while you are in the studio, you will be asked to make arrangements to leave as soon as possible. A TU Dance staff member will be available to help with arrangements if necessary. For rentals: You must email TU Dance Executive Director Abdo Sayegh-Rodriguez at abdo.sayegh@tudance.org within one hour of such an occurrence.

Symptoms include:

- Cough
- Shortness of breath
- A fever (100.0 or higher) within the last 72 hours
- Sore throat
- Headache
- Chills
- Muscle or body aches
- New loss of smell or taste
- Diarrhea in the past 24 hours
- Vomiting in the past 24 hours
- Had direct household contact with a person experiencing an undiagnosed cough and fever

2. If you are exposed to someone with COVID-19 or have tested positive:

- a. Do not come to TU Dance Center. Please send an update (via email) to TU Dance Center staff.

- b. Defining Exposure: Close contact is defined by the CDC as someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period* starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.
 - i. *Individual exposures added together over a 24-hour period (e.g. three 5-minute exposures for a total of 15 minutes). Data are limited, making it difficult to precisely define "close contact;" however, 15 cumulative minutes of exposure at a distance of 6 feet or less can be used as an operational definition for contact investigation. Factors to consider when defining close contact include proximity (closer distance likely increases exposure risk), the duration of exposure (longer exposure time likely increases exposure risk), whether the infected individual has symptoms (the period around onset of symptoms is associated with the highest levels of viral shedding), if the infected person was likely to generate respiratory aerosols (e.g. was coughing, singing, shouting), and other environmental factors (crowding, adequacy of ventilation, whether exposure was indoors or outdoors). Because the general public has not received training on proper selection and use of respiratory PPE, such as an N95, the determination of close contact should generally be made irrespective of whether the contact was wearing respiratory PPE. At this time, differential determination of close contact for those using fabric face coverings is not recommended.
 - ii. <https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact>
 - c. You are asked to self-quarantine for 14-days from the point of exposure and to get tested for Covid-19 before returning to TU Dance Center.
 - d. Follow CDC guidance "What to Do If You Are Sick"
(<https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-nCoV-fact-sheet.pdf>)
 - e. For rentals, please email Executive Director Abdo Sayegh-Rodriguez at abdo.sayegh@tudance.org to make us aware of any exposure or if someone has tested positive for COVID-19.
3. If you or someone in your household is having respiratory symptoms (cough OR sore throat OR difficulty breathing) and no test was done to confirm diagnosis, you may return to the facility when these three (3) things have happened:
 - a. Fever-free for at least 72 hours without the use of fever-reducing medication, AND
 - b. Other symptoms have improved, AND
 - c. At least 10-days have passed since symptoms first appeared

(revised on August 31, 2021)

4. If you or someone has/had lab-confirmed COVID-19, you can return when these three (3) things have happened:
 - a. Fever free for at least 72 hours without the use of fever-reducing medication, AND
 - b. Other symptoms have improved, AND
 - c. At least 10-days have passed since symptoms first appeared

5. When you can return to TU Dance Center or be around others after you had or likely had COVID-19:
 1. I think or know I had COVID-19, and I had symptoms
 - a. You can be with others after:
 - i. At least 10 days since symptoms first appeared and
 - ii. At least 24 hours with no fever without fever-reducing medication and
 - iii. Other symptoms of COVID-19 are improving. *Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation
 - iv. If you had severe illness from COVID-19 (you were admitted to a hospital and needed oxygen), your healthcare provider may recommend that you stay in isolation for longer than 10 days after your symptoms first appeared (possibly up to 20 days) and you may need to finish your period of isolation at home.

 2. I tested positive for COVID-19 but had no symptoms
 - a. If you continue to have no symptoms, you can be with others after:
 - i. 10 days have passed since the date you had your positive test
 - ii. If you develop symptoms after testing positive, follow the guidance above for "I think or know I had COVID, and I had symptoms."

 3. I had COVID-19 or I tested positive for COVID-19 and I have a weakened immune system
 - a. If you have a weakened immune system (immunocompromised) due to a health condition or medication, you might need to stay home and isolate longer than 10 days. Talk to your healthcare provider for more information.

*More info regarding "When you can be around others after you had or likely had Covid-19": <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html>

1. If a family member is ill, follow the recommendations of the Minnesota Department of Health's "If you are sick: Covid-19" (See: "Contact with someone who has Covid-19") <https://www.health.state.mn.us/diseases/coronavirus/sick.html>

Prompt identification and isolation of sick individuals at TU Dance Center

1. Assessing student, dancer, teacher, accompanist, staff, and other's health
 - a. Everyone coming to TU Dance Center will be required to do a health self-assessment via a mobile application, online questionnaire, or paper form before coming to the facility.
 - b. Authorized renters will need to share the health self-assessment procedure with everyone participating in the rental and all individuals will need to complete the health self-assessment before coming to TU Dance Center.
 - c. Additionally everyone who arrives at TU Dance Center will have their temperature taken with a no-touch forehead thermometer and will need to be cleared to enter the facility.
 - d. When these tasks are complete, wash your hands or use hand sanitizer.
2. Actions to take if someone exhibits symptoms
 - a. If anyone's temperature reads 100 degrees or higher or they answer yes to any of the questions on the health self-assessment questionnaire, they are not permitted to stay at TU Dance Center,
 - i. anyone who previously arrived at the studio who was in contact with that person must leave,
 - ii. do not admit any additional individuals, and close the facility.
 - b. If someone, including yourself, becomes ill during class or activity at TU Dance Center with any of the before mentioned symptoms,
 - i. isolate that person or yourself from the rest of the group,
 - ii. ask everyone else to return home, and
 - iii. make transportation arrangements for the ill person to be picked up if they are unable to drive.
 - c. Report any of the above incidents within one hour to TU Dance Executive Director Abdo Sayegh-Rodriguez at abdo.sayegh@tudance.org AND School Coordinator Maxine Yamazaki at maxine.yamazaki@tudance.org.

Social Distancing Protocol – Must be at least six-feet apart

Social distancing of at least six-feet will be implemented and maintained between everyone at TU Dance Center.

1. Implementation of protocols for social distancing (based on 6-foot distancing)

- a. Up to 14 students, 1 teacher, and 1 accompanist are permitted to use Studio 1 (dance floor) and up to 6 students, 1 teacher, and 1 accompanist in Studio 2 (dance floor) in order to maintain 6-feet distancing. The capacity might be lower to increase the distancing between students due to the execution of physical activities (dance).
 - b. One or two accompanists are permitted per class and will be positioned at least six-feet from the students and teacher.
 - c. No visitors, guests, or parents/guardians are permitted to watch classes or rehearsals, nor they will be allowed to wait inside TU Dance Center.
 - d. Designated areas have been marked where students or users can put their belongings during class or rehearsals. All personal items should stay within these designated areas.
2. Social distancing before and after classes
- a. Teachers and accompanists will be allowed to enter TU Dance Center 15 minutes before their class begins.
 - b. Students will be allowed to enter TU Dance Center 10 minutes before their class begins.
 - c. Until these respective times, please:
 - i. Wait in your vehicle, or
 - ii. stand six-feet apart waiting in line outside, and
 - iii. be sure you have a mask on before entering TU Dance Center.
 - d. Once in the building, proceed to the hand washing station and either utilize the Greenroom sink or use hand sanitizer.
 - e. All individuals should then proceed to the front desk where:
 - i. They will have their temperature taken with a no-touch thermometer by a TU Dance Center staff member or volunteer,
 - ii. they will also need to verify that their health self-assessment has been received and approved, and
 - iii. they will then be directed to a designated area to place their belongings before class.
 - iv. Please respect social distancing guidelines at all times.
 - v. Please note that for all ballet classes, the barres will be pre-set by staff and/or volunteers before class and students will not be responsible for moving them.
 - f. During class:
 - i. Follow the teacher's instructions if you need to leave the dance floor for any reason such as using the restroom.
 - g. When class is completed:
 - i. Follow teacher's instructions to exit the dance floor,
 - ii. gather your belongings, change shoes, and
 - iii. promptly leave the facility maintaining social distance.

- iv. Ballet barres will be moved at this time by staff, volunteers, and/or teachers to the edge of the studio floor.
- h. Any socialization should be done outside the studio, maintaining proper social distancing.

Individual Hygiene and Source Controls

Basic infection prevention measures are being implemented at TU Dance Center at all times. Everyone who enters the building is required to sanitize their hands upon entering the facility. Hand sanitizer dispensers (of greater than 70% alcohol) are at different locations throughout the building. Hand sanitizing can also be accomplished by using soap and water at the sink in the Greenroom.

1. How to use hand sanitizer (The CDC recommends the following procedure):
 - a. Apply the gel product to the palm of one hand,
 - b. rub your hands together, and
 - c. rub the gel over all the surfaces of your hands and fingers until your hands are dry (This process should take around 20 seconds).
2. Follow the five steps to wash your hands the right way from the CDC:
 - a. Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
 - b. lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails,
 - c. scrub your hands for at least 20 seconds (Need a timer? Hum the "Happy Birthday" song from beginning to end twice), and dry your hands using a clean towel or air dry them.
3. Additionally, all students, dancers, and teachers who plan to dance in bare feet in the studio must apply hand sanitizer to their feet before stepping onto the studio floor. This can be done with personal hand sanitizer or the sanitizer provided by TU Dance Center.
 - a. In all other areas besides the studio floor, socks or shoes must be worn at all times.
4. For all floor work during classes at TUDC, please be aware of the following:
 - a. We recommend for yoga mats to be used for all floorwork and stretching in class. All teachers and students using mats, please sanitize your mat using a liquid alcohol-based sanitizer before and after class. Periodic cleanings at home with soap and water and air drying are also recommended. For workshop classes, mats are also encouraged, but minimal floorwork can be done without mats, and teachers and students should sanitize their hands directly after any floorwork section and change their clothes upon arriving home for their health and safety.

Mask-use Requirements

(revised on August 31, 2021)

At TU Dance Center, everyone is required to cover their mouth and nose with a one-time-use or cloth face covering at all times while in the facility.

1. One-time-use or cloth face masks

TU Dance will have a limited supply of one-time-use face masks available if needed.

- i. If you are unable to tolerate a mask due to a medical issue or trouble breathing, please consider staying home.

Masks can help to stop your germs from infecting others. Wearing masks is extra important if people without symptoms can spread the virus that causes COVID-19 disease.

- ii. Wearing a mask does not protect you from others who may spread the virus. You will still need to wash your hands often, cover your cough, and stay at least 6 feet away from others. Wearing a mask does not mean people who are sick should be in public places. Stay home if you are sick.

If your mask becomes wet while dancing, replace it with a dry one. For this reason, we would recommend that students pack extra masks each day.

2. Additional recommendation from the 2020 Dance/USA annual conference

Dr. Selina Shah (Board-certified in sports and internal medicine) reinforced wearing masks in the studio.

Mask should fit and should not require readjustment.

If you need to adjust your mask, be sure to sanitize your hand before and after touching your mask and face.

Wearing a mask may simulate altitude training.

3. If you have allergies and are excessively coughing or sneezing, please consider staying home.

If your symptoms are mild and you need to cough or sneeze:

- i. If you can step outside, remove your mask when you are about to cough or sneeze, and do so into your elbow,
- ii. use a disinfectant, like a hand sanitizer, to sanitize the area into which you coughed or sneezed.
- iii. After that, you can put your mask back on securely.
- iv. This method ensures the mask itself never becomes contaminated so that it can continue to fulfill its function while you're wearing it.

If you sneeze into your mask, don't turn your head.

- i. While this habit is logical, it should be avoided if you're masked up.
- ii. It may not feel like the right thing to do; it's recommended that you cough or sneeze head-on, directly into the mask, so...

- iii. the chances of the droplets coming out of the sides are decreased, and they go directly into the mask material. Wash your mask regularly if it is fabric or replace it when needed.

Avoid touching your face, particularly the mouth, nose, and eyes, with your hands.

- i. If you are using a tissue, dispose of it in the provided trash receptacles.
- ii. Sanitize or wash your hands immediately afterward.

4. Face shields may be worn in combination with a mask, but not as a replacement for a mask.

- a. According to the CDC's "cloth-face-cover-guidance," a face shield is primarily used for eye protection for the person wearing it. At this time, it is not known what level of protection a face shield provides to people nearby from the spray of respiratory droplets from the wearer. There is currently not enough evidence to support the effectiveness of face shields for source control. Therefore, CDC does not currently recommend use of face shields as a substitute for masks.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover-guidance.html>

To Help Stop the Spread and Protect Our Community

1. Shared/Communal food or drink is not permitted at TU Dance Center.
2. Students/Users should avoid eating at TU Dance Center. We encourage students to eat before arriving at TU Dance Center.
3. Limited number of granola bars will be available at the front desk for students with medical needs or experiencing low energy.
4. We strongly encourage the community to get vaccinated.

Building and Ventilation Protocols

Being in an enclosed indoor space, sharing the same air for a prolonged period (> than 10 minutes), increases the chances of exposure and infection.

1. TU Dance adopts the following protocol to increase air circulation in the studio:
 - a. All windows and doors will be kept open, weather permitting.
 - b. An air purifier has been installed in Studio 1.
 - c. The second floor has an HVAC system that recycles and filters the air.
2. TU Dance will design an optimal flow of foot traffic through TU Dance Center and designate separate entrances and exits to maintain social distancing and minimize congestion in any given area. Please see TU Dance Center Foot Traffic Flow, pages 11 & 12.

Studio Cleaning and Disinfecting Protocols

Regular practices of cleaning and disinfecting will be implemented at TU Dance Center, including a schedule for daily cleaning and disinfecting, as well as cleaning between all classes and activities by TU Dance Center staff, teaching artists, volunteers, or a professional cleaning company. Frequent cleaning and disinfecting will be conducted for high-touch surfaces such as door handles, bathroom faucets, light switches, ballet barres, pianos, stair railings, electronic equipment, etc.

1. Daily cleaning when the studio is in use
 - a. Surfaces are to be cleaned with a CDC-recommended disinfectant dispensed from a spray bottle, wait six minutes, and wiped clean with disposable rags.
 - b. The dance floors will be cleaned daily as usual, followed by a cleaning with 90+ alcohol solution in a sprayer, spread by a mop. The mop pad should be washed with soap and hot water in the washing machine between uses.
 - c. 15-minute breaks between classes and rehearsals are in place for cleaning and disinfecting surfaces.
2. If someone who has COVID-19 was in the studio, TU Dance Center will be closed for 12 hours and then disinfected as detailed above, including floors. Individuals in close proximity should follow the instructions on section "If you are exposed to someone with COVID-19 or have tested positive" (page 3).

Appropriate and effective cleaning and disinfecting supplies have been purchased and are available for use in accordance with product labels, safety data sheets, and manufacturer specifications and are being used with required personal protective equipment for the product. The disinfectant spray is applied with disposable rags provided. Floor cleaner is applied with a spray bottle and a microfiber wet/dry floor mop with pads that are machine washable.

Drop-off, Pick-up, and Delivery Protections

1. Parents/Guardians must plan to drop off and pick up students without entering TU Dance Center themselves to lessen the number of people in the space.
 - a. Everyone will be asked to wear masks when entering the building and keep at least six feet of distance from others at all times.
 - b. Vaccination records will be required to all entering the facility.

Communications and Training Practices and Protocols

1. Staff, students, families, teachers, and accompanists will receive notification of this preparedness plan before classes begin and of any future changes in protocols by email communication.

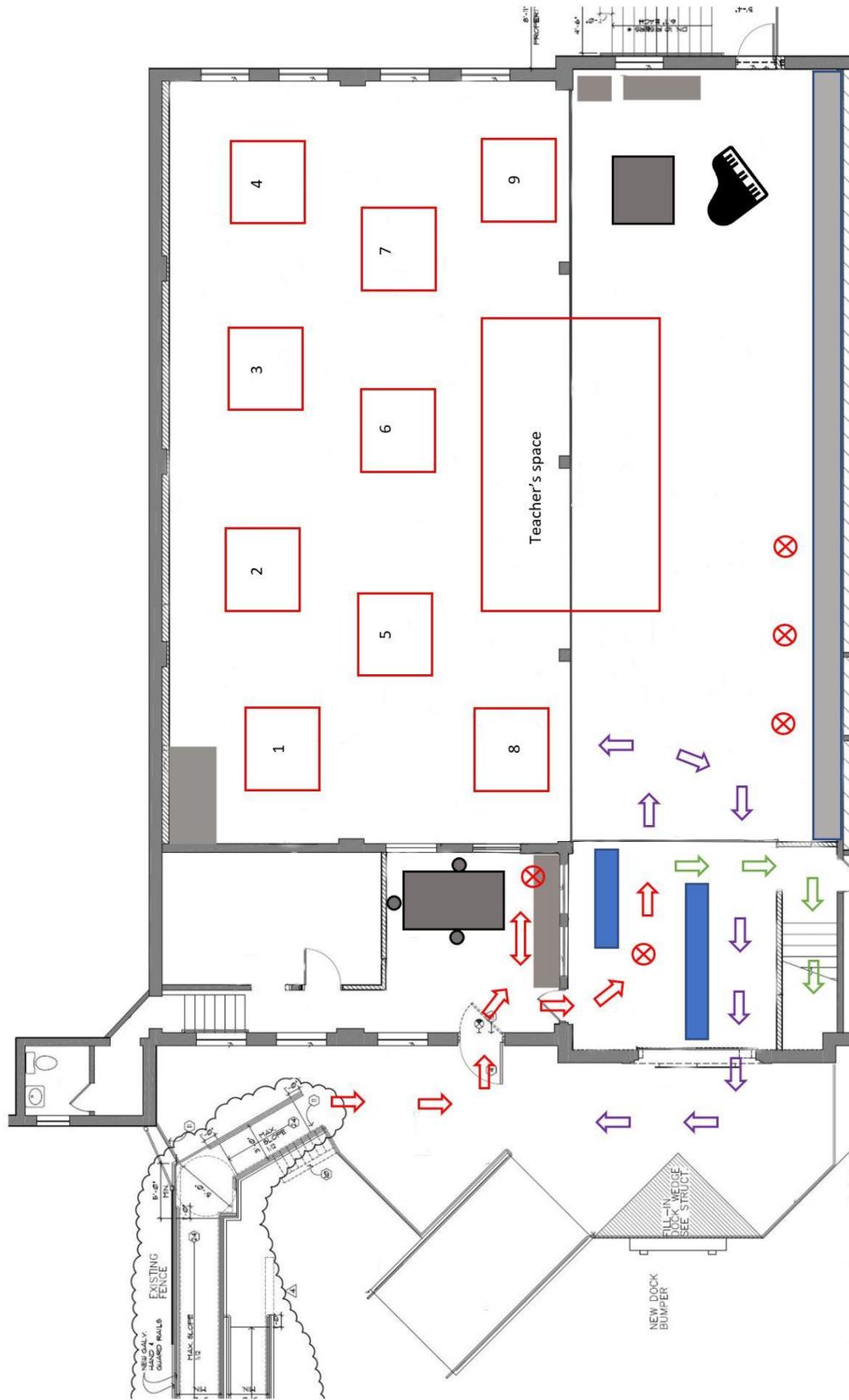
- a. Training sessions about this preparedness plan are offered to staff, teachers, accompanists, and volunteers, reviewing the sanitation and safety procedures.
 - b. Staff and teachers should review these policies and procedures with students on the first day of classes.
 - c. Renters will receive email notification of all specific protocols pertaining to them.
2. Everyone is encouraged to share any safety concerns with Executive Director Abdo Sayegh-Rodriguez at abdo.sayegh@tudance.org and/or with any other TU Dance staff member.

Additional Student Protocols for TU Dance Center

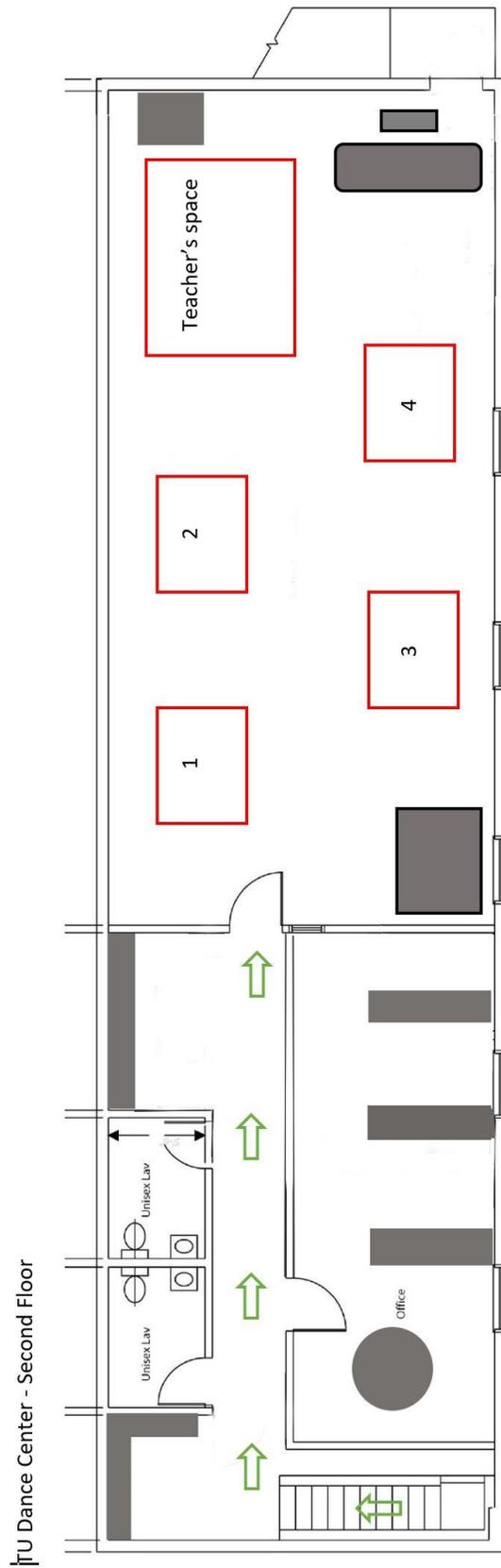
1. Bring from home:
 - a. One bag of belongings to the studio.
 - b. Your own water bottle(s) filled with water (covered drinking spouts only).
 - c. Slippers/Clean soled shoes that are worn within TUDC.
 - d. Yoga mats to be used if desired for floor work in class.
 - e. At least 2 masks or cloth face coverings.
 - i. If you forget yours, a limited number of one-time-use masks will be available.
 - f. Students are required to arrive dressed for class. Please contact TU Dance Center staff if you have questions or concerns.
2. Before entering the building, put on your mask.
3. Students upon entering TU Dance Center will:
 - a. Wash their hands in the greenroom sink or use hand sanitizer,
 - b. Have their temperature taken with a no-touch thermometer by a TU Dance Center staff member or volunteer at the front desk,
 - c. Verify that their health self-assessment has been received and approved,
 - d. Wait to be directed to a designated area to place their belongings before class,
 - e. Wait to be directed to enter the dance studio.
4. Students will be required to maintain a distance of at least 6 with anyone at TU Dance Center, including while dancing. Teachers could design classes that allow students to travel across the floor in an organized fashion in order to keep distance between students. Students waiting for their turn to travel across the floor should wait outside of the dance floor.
 - a. Teachers will teach from the front of the room and will not correct students with hands-on corrections, but rather by showing corrections in their own body or through words.
5. When class ends, students will be instructed to gather their belongings and promptly leave the studio in an orderly fashion to allow for cleaning before the next class begins.
 - a. We kindly request that parents/guardians pick up their children on time in order to help us avoid crowding indoors. Please arrive a few minutes before class ends.

- b. A very limited number of “waiting areas” will be marked specifically for students who need to wait for their rides.
- c. For younger students, we ask that parents/guardians come to the loading dock area and wait outside, socially distanced, so that they can be seen by their child for safe pick-up.
- d. The daily class schedule has 15 minutes between classes to clean and air out the studio.

TU Dance Center – First Floor



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(revised on August 31, 2021)

EXTERNAL FACILITY USERS

1. Individuals or organizations requesting the use of TU Dance Center WILL BE REQUIRED to provide TU Dance with their COVID-19 Preparedness Plan and allowing review and approval at least 48 hours in advance of using the TU Dance Center.
2. External facility users agree to read and follow the TU Dance Center COVID-19 Policies and Procedures.
3. Everyone entering TU Dance Center will need to complete a health self-assessment form and show proof of vaccination.
4. External facility users are required to adhere to the TU Dance Center capacity limits at all times (Up to 14 in Studio 1 and up to 8 in Studio 2 based on 6-foot distancing).
5. External Facility users are required to provide hand sanitizing supplies and masks for before, during, and after practice for participants.
6. External facility users are required to provide a first aid kit.
7. External facility users may not use areas of the facility without prior authorization so that rooms can be sanitized before and after use.
8. Participants in activities should bring their own water bottles (filled).
9. The studio will be cleaned and disinfected by the User.
10. External facility users may bring in personal equipment for their use, provided they get approval from the Executive Director 48 hours in advance of the use of the studio. The Executive Director reserves the right to refuse the use of personal equipment if it is deemed to be a safety or health hazard.
11. External facility users must sanitize all equipment before bringing it into the facility
12. External facility users must provide sanitizing supplies (unless pre-approved to use TU Dance Center supplies) for their equipment.
13. All spaces (surfaces) including TU Dance Center equipment used, must be cleansed by external facility users according to TU Dance's approved cleaning procedure, and using approved cleaning supplies.

Non-compliant groups may be asked to leave the premises and may be prohibited from reserving the facility in the future.

External Facility User Procedure

1. Completing the Health Screening Questionnaire (via mobile app, online questionnaire, or paper form).
2. Show proof of vaccination prior to the visit.
3. Wearing a mask while indoors at TU Dance Center.
4. Washing hands or using their own or provided hand sanitizer upon entering TU Dance Center.
5. Wearing their own or provided disposable gloves before performing a temperature check on yourself when using TU Dance Center's no-touch forehead thermometer,

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unless using their own thermometer. Temperature should be recorded in the questionnaire.

6. Cleaning/Disinfecting surfaces upon arrival, including sound system, TV station if used, bathrooms, door knobs, light switches, etc.
7. Cleaning/Disinfecting surfaces at the end of their visit and before leaving TU Dance Center.

Workers and Student Health Screening Questionnaire

(please inquiry about the electronic version of this questionnaire)

In addition to routine temperature checks upon arriving at TU Dance Center, Workers and Students are required to complete the following Health Screening Questionnaire.

1. Have you tested positive for COVID-19? Yes/No - If yes, have you been:
 - a. Fever free for at least 72 hours without the use of fever-reducing medication (Yes/No), AND
 - b. Other symptoms have improved (Yes/No), AND
 - c. You received two negative tests in a row, 24 hours apart (Yes/No) (Please provide a copy of your doctor's recommendation in written format)
2. Has someone in your family or household tested positive for COVID-19? Yes/No? If Yes, have you been:
 - a. Fever free for at least 72 hours without the use of fever-reducing medication (Yes/No), AND
 - b. Other symptoms have improved (Yes/No), AND
 - c. At least 10-days have passed since symptoms first appeared (Yes/No)
3. Do you have or have you had any of the following symptoms currently or in the past 24 hours:
 - a. Cough (Yes/No)
 - b. Shortness of breath (Yes/No)
 - c. A fever (100.0 or higher) within the last 72 hours (Yes/No)
 - d. Sore throat (Yes/No)
 - e. Headache (Yes/No)
 - f. Chills (Yes/No)
 - g. Muscle or body aches (Yes/No)
 - h. New loss of smell or taste (Yes/No)
 - i. Diarrhea in the past 24 hours (Yes/No)
 - j. Vomiting in the past 24 hours (Yes/No)
 - k. Had direct household contact with a person experiencing an undiagnosed cough and fever (Yes/No)
4. What is your current temperature? _____
5. Have you had any of the above symptoms since your last day at work, rehearsal, class, or the last time you were at TU Dance Center that you cannot attribute to another health condition? Yes/No

(revised on August 31, 2021)

Assumption of the Risk and Waiver of Liability

TU Dance has put preventative measures in place to reduce the spread of COVID-19; however, we cannot guarantee that you will not become infected with COVID-19 while at TU Dance Center. Further, attending activities at TU Dance Center could increase your risk and your immediate family's risk of contracting COVID-19.

The undersigned understands and agrees that there is a possibility of physical injury in any dance class, workshop, or rehearsal and COVID-19 related illness or death. The undersigned agrees to assume all risks and responsibilities of any such injury, which might occur to them during any classes, workshops, rehearsals, or use of the TU Dance Center premises. The undersigned agrees to waive any and all claims connected with participating in activities at TU Dance Center.

The undersigned releases and discharges TU Dance, its board of directors, employees, officers, successors, assigns, licensees, consultants, and representatives from any and all claims of injuries, damages, illness non-related or related to COVID-19, or loss, which may have or which may occur as a result of participation in activities at TU Dance Center.

The undersigned also commits to doing their part to create a safe and healthy environment at TU Dance Center for themselves and for everyone in our community. The success of this Preparedness Plan relies on each and every one of us committing ourselves to these guidelines. Together, with patience and kindness towards one another, we can get through this!

By signing below, I hereby acknowledge that I HAVE READ THE "TU DANCE COVID-19 PREPAREDNESS PLAN" and agree TO ALL OF THE ABOVE CONDITIONS AND TERMS OF THIS WAIVER:

First and Last Name (Printed) _____
(Student if over age 18)

Signature _____ Date _____
(Student if over age 18)

Address _____

City _____ State _____ Zip Code _____

Phone Number(s) _____